

Kia's FR Dance Ballet Uniform Guide

Ballet I, I/II, II, and pre-pointe/pointe I

Ballet I, I/II, and II all must wear Mirella plain cotton camisole leotard (code M207C (child) and M207L (adult) available at Discount Dance) in the following class level colors:

Ballet I: PINK

Ballet I/II: LAVENDER

Ballet II: ROYAL BLUE, option to have the same colored skirt (code MS12CH)

Ballet I, I/II, and II must wear pink footed or convertible tights as well as leather or canvas ballet shoes. Please also purchase an inexpensive theraband for foot exercises and bring to all classes.

If you are taking a challenge class or supplemental class in addition to your normal class, please wear your regular class uniform.

Pre-pointe/Pointe I

If you have teacher approval to take pre-pointe or Pointe I, please wear your regular class uniform. In addition to uniform notes above and below, please bring a medium or strong resistance theraband and a "pinky ball" to all classes. Both can be purchased on Amazon or various dance supply stores. *Please note that approval for pre-pointe strengthening does not mean placement en pointe during the current year, but rather will be at the discretion of the teacher.*

Ballet III/IV and pointe II

Students in these levels must wear black leotards, any style, with white or pink tights. They have the option to wear a skirt. They can wear warmers to warm up during the first two exercises.

Information for All levels:

Ballet flats should be a half size smaller than normal sizing. Feet and toes should be free to articulate, but there should be no excess fabric when dancer points their foot.

Hair must be neatly secured in a bun that will stay up for the entire class. Longer hair pins placed around the outer edge of the bun are recommended.

Placement:

If a student is unsure of their level at the start of the year, they should wait to purchase the correct leotard until placement is confirmed.